

LUXURY TREATMENT MENU

Each of our unique spa-therapies begins with The Welcome Touch a warm aromatic compress on your feet. A cleansing ritual to remove the urban environment, focus your senses and centre your thoughts.

Rediscover your senses, rest your mind and breathe freely as you step in our temple of touch and exquisite aroma. Your spa-therapy ends with The Awareness Journey the final caressing touch from your therapist to bring your body's awareness back together as one.



A RELAXING MASSAGE

Includes therapeutic massage and cervical stretching.

- Half body massage : (30 mins) **40€**
- Massage : (45 mins) **50€**
- Full Body massage : (60 mins) **60€**

REFLEXOTERAPIA

- Therapeutic massage and refreshing foot cream : (30 min) **40€**

LYMPHATIC DRAINAGE

- Includes hands and legs massage for "active circulation" : (45 min) **50€**

PHYSICAL THERAPY

- This treatment includes therapeutic massage, kinesis tape, electro-stimulation, creams, gels or ant-inflammatory spray : (60 min) **60€**

FACIAL CLEANING

- Includes facial creams, stimulating massage and mask with Q10 and Hyaluronic Acid or Vitamin C and Aloe Vera, depending on skin type : **45€**

All of these treatments and offers can be tailor made to suit individual needs – do not hesitate to ask!



desert springs
A LIFESTYLE OF QUALITY
GOLF & LEISURE

THE DAY SPA @ DESERT SPRINGS

RESERVATIONS

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